

ISSUE 2 · SEPT 2019

A PLACE TO CALL HOME

Newsletter of the S.H.E. Project

Breaking cycle with the help of Aware's SHE Project

By Fiona* SHE@Tampines

Being married for 15 years in an unhappy marriage, with no respect and physical and verbal abuse towards me and my daughter, it's been never easy: lots of fights unstoppable tears day to day accumulating pain, hatred, and all of this could have stopped many years ago if only I had someone to turn to . I was alone. I was scared and no place to go to.

I am not to sure if I would have break

the cycle of this abuse this year 2019 if not for amazing woman who have stepped in and offered me and my daughter a place to stay , and when I came to know that it's a house my soul was rejoicing, it felt amazing.

Lets talk about "Moving In" and I would say WOW it was the most difficult part in my life (packing ,surgery, transporting, settling ,school) all this now is behind me , I am finally breathing, I am finally with peace in my mind and soul.

I have met two great single mothers with little daughters whom we sharing house with slowly getting to know each other. I like the fact that we do things together like cleaning the house, cooking, watching tv, and watching little ones playing.

I want to say a big thank you to the Donor, Hemy, Elizabeth Quek , Mdm. Zubhaidah , Subha . Safiah. And everyone from Big Love & ,Aware, She Project, Daughter Of Tomorrow. You are all an amazing and I am bowing down tto say a Big Thank You to everyone who make this possible .



Plants that Fiona brought over that welcome the families and visitors.

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Welcome Bukit Batok & Tampines Families!

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Ivory Height's Monthly meeting: Tom Yam Soup cooked by C, Nasi Lemak From M's workplace & mom's.



Ivory Height Kid's Activity

My beginning after the turmoil

By Nur* SHE@Serenity

I dream of living in a condo when I was a little girl
 But I didn't think my dream will ever come true
 As I know my means of living will never get me there
 When I got a phone call regarding the opportunity, I didn't
 believe my ears
 It's sounds too good to be true
 But my dream did came true even though its for a while
 How happy and grateful I am
 To be able to have a place of my own
 to decide and grow
 To be better person hoping to give back to the society
 1 more year left for me
 To cherish every moment that I had
 It's not easy to be chosen and get this opportunity
 The one and only time
 This is just the beginning after the turmoil
 There will be no ending for me
 And my story won't stop here.

Welcome Tampines & Bukit Batok

It has been quite a busy period in June & July as families moved into the Tampines and Bukit Batok flats! Fun fact: Tampines is named after Ironwood Trees (Tempinis in Malay) and Bukit Batok is referred to as the Granite Hill.

The SHE women very quickly ensure that their children settle in only to start busying themselves with the enablement programme, getting a job, managing the court matters, working on their future housing and trying to resolve any problems at hand.

We would like to congratulate :

- the women who got new jobs or switched to full time.
- the courage one of you has to have a hard look at your debts and housing options,
- the women who have sought help to improve your psycho-emotional health,
- those who try again to help create a good environment for everyone in a flat

In the next issue, we will share and celebrate together with some of the resident's successes and also the challenges they experience in getting their own home.

I moved in here because i lived in a toxic environment that wasn't good for me or my son. My child was not able to play, be free and messy.

Since moving here my relationship with my mother is better. Every day my mom keeps video calling me and we meet up for lunch.

SHE@IVORY

Share your stories!

We would love to hear from you. Send us your words, poems, drawings, and photos, upcoming events for the July 2019 newsletter.